



Preparation time

5

Cooking time

20 minutes - mixing & rolling

Age group

12 - 36 months

Ingredients

1 cup raisins
1/2 cup dried cranberries (pref unsweetened)
1/2 cup rolled oats
1/2 cup brown rice puffs
1 teaspoon natural vanilla extract/essence
2 tablespoons cacao or cocoa

Method

1. Place all the ingredients in your food processor or blender.
2. Pulse the mix at high speed a few times until the mix is starting to come together.
3. Continue to mix at medium-high speed until the mix is sticky and combined. It will have white flecks of the oats through it.
Depending on how powerful your food processor/blender is - it may take anywhere from 1 minute to 5 minutes for the mix to come together - it will happen!
4. Roll into balls between the palms of your hands - about the size of large grape - or bigger if you prefer. You may not yield as many if you make them bigger.

Storage: The balls can be stored in the fridge to firm up, but are fine kept in an airtight container at

room temperature for a week.

Handy Hints

If for some reason the mix is too dry and a bit crumbly - though unlikely - try adding a tablespoon of water c





